

Facilitator's Guide

Franciscan Action Network





Facilitator's Guide for the Franciscan Justice Circles of the Franciscan Action Network

Rooted in the Franciscan Spiritual Tradition, Franciscan Justice Circles are intended to enkindle the fire of the Spirit of God within us and move us toward being a community of love in action.

Table of Contents	Page
1. Overview	
What are Franciscan Justice Circles?	2
Who are the FJCs for?	2
How do the FJCs function?	2-3
How do the FJCs progress?	3-4
How can we form an FJC?	4
Continual Support for Facilitators	4
2. Phase I: Building Relationships and a Franciscan Foundation	5-7
3. Phase II: Living in Solidarity	8-11
4. Phase III: Continuing the Incarnation	12-15
5. Phase IV: Loving through Action	16-17
6. Appendix	
Framework for a Franciscan Justice Circle Gathering	18-19
Franciscan Justice Circle Group Guidelines	20
Additional Resources for All Phases	21
Glossary of Terms	22-23
Song Possibilities for FIC Gatherings	24

(Last Revised: August 2021)

Overview

What are Franciscan Justice Circles?

Franciscan Justice Circles (FJC) exist to build and strengthen small groups of Franciscans and Franciscan-hearted people that will address issues that are important for their communities with an approach rooted in the rich Franciscan tradition of walking alongside the marginalized and showing respect and reverence for all of God's creation. We follow the examples of Saints Francis and Clare of Assisi, the original architects of this Franciscan tradition, who transformed how we understand our responsibility to care for every part of society and our environment.



We believe, like Saint Clare of Assisi, that the Church "lives and grows when its members are active lovers, not passive listeners." FAN proposes to help each group deepen its knowledge and spiritual awareness of the Franciscan tradition, including the Gospel values of peacemaking, eradicating poverty, caring for creation, and building the Kingdom of God.

The name itself, *Franciscan Justice Circles*, shows that this *Franciscan* approach is shaped by a commitment to *justice*, and dedicated to inclusivity—a *circle* of gathering and encounter where all are welcome. Each Franciscan Justice Circle will develop in a way that reflects its local community, with each group's focus and action reflecting the reality on the ground. The groups will share information on local matters, while working with the national office of the Franciscan Action Network (FAN) to ensure strong advocacy on both the local and national levels.

Who are FJCs for?

Circles are for both Franciscans and Franciscan-hearted people. Some Circles may be ecumenical or interfaith. *Anyone who wants to delve further into the Franciscan way of life is welcome!* With that being said, it's important to remember the central role of Franciscan spirituality and prayer in this approach. Since Francis and Clare lived as they did because of Christ, Christian prayers and songs will be included in the process. Ideally, each group would have a professed Franciscan, someone who has made a profession with a Franciscan Order, to assist in maintaining this approach. We recommend that you strongly encourage those who are interested in joining the FJC to attend at least *two* gatherings of the Circle before deciding if they wish to join as a member.

How will FJCs function?

The structure of an FJC includes the following roles (which will rotate to different members over time):

1. A *facilitator (or two co-facilitators)* who will convene each gathering. These are facilitators not instructors. They will keep the group together, encourage listening and mutual support, and help keep the group on track. They will also report back to FAN on the progress of the group (unless another member volunteers to do so).

¹ Delio O.S.F., Ilia. Clare of Assisi, A Heart Full of Love, Cincinnati: St. Anthony Messenger Press, 2007, p.93.



- 2. A *spiritual servant* (a professed Franciscan, including Secular Franciscans) who assists in guiding the ongoing formation of the group and building a common foundation of Franciscan concepts. The spiritual servant helps to keep the members rooted in Franciscan spirituality and the *Franciscan Values guiding FAN*.
- 3. A *scribe* who will take notes on decisions made and help the group with documenting these decisions in order to aid the group's memory, keeping the process fluid between gatherings so that determinations are not lost.

With openness to God's grace, the FJCs will be rooted in prayer "centered on relationship with Christ, the Word of God incarnate, [which] cannot help but change the life of the believer and the way one lives. Those who enter into Franciscan prayer, therefore, must be ready for change; they each must be willing to become 'another Christ,' for this is where the path of prayer leads, to a new birth of Christ in the lives of the believers."²



3

Included in the Appendix is the *Framework for an FJC Gathering,* which offers a suggested general framework a group can use to structure each gathering of the Circle.

How do the FJCs progress?

The process of the FJCs follows four phases. The phases will help guide us through the process, so as to build upon our communal progress towards addressing the causes of injustice, while continually deepening our personal integration of Franciscan values.

How long each particular group spends in each phase will vary, and the progression may not always be linear, but each group will progress through all of the phases over time. For instance, if a group forms within a religious community and their relationships with one another are well-established, they may accelerate through Phase I or II quickly.



Phase I: Building Relationships and a Franciscan Foundation

As FJCs begin, members of the group will come together and build relationships so that they might become a true expression of family, in the Franciscan sense. Members will also ground themselves in the values and spirituality that St. Clare and St. Francis developed and lived.



Phase II: Living in Solidarity

Rooted in listening and in well-established relationships, groups will turn to the heart of the Franciscan approach: the virtues of **solidarity** and **minority**.

² Delio O.S.F., Ilia, *Franciscan Prayer*, Cincinnati: St. Anthony Messenger Press, 2004, pp.2-3.

³ St. Francis and St. Clare of Assisi, n.d. painting, viewed May 28, 2020, < https://hnp.org/reflection-st-clare-and-the-wisdom-of-lady-poverty/>



Phase III: Continuing the Incarnation

Circles can now plan and prepare for their future actions. The members consider two different, though complementary, ways of walking the path of love: **Social Justice** (removing root causes of injustice) and **Charitable Works** (meeting people's basic needs).



Phase IV: Loving through Action

At this stage, groups will enter the public sphere to speak out against injustice, support those who are vulnerable and oppressed, and mend the broken relationships present among people and between humans and the rest of creation. Like Francis & Clare, each member will become *Fools for Christ* and accomplish what few can imagine!

How can we form an FJC?

To form an FJC, start by reaching out to your personal contacts and getting the word out at local places of worship or through other networks. FAN is happy to contact its members in a geographic area once you have decided to convene a Circle, in order to help bring new people together.

Ideally an FJC will be a small core group, ranging from four to twelve people, who will represent broader communities. The exact number of members will be determined by each group and their unique circumstances.

Ongoing Support for Facilitators

The FAN staff is available to support and assist you on an ongoing basis. If you need additional information or have a concern, you can always contact the Director of FJC, call the FAN office at 202-527-7575, or email FJCinfo@franciscanaction.org

There is also a monthly FJC Conference Call for clarification, connecting, brainstorming, and support.





Phase 1: Building Relationships and a Franciscan Foundation Rooted in Scripture, Franciscan Justice Circles are an invitation to *Come to the Table* and sit beside the Lord, to sit alongside one another.

As FJCs begin, it is important that the members of the group come together and build relationships so that they might become a true expression of family in the Franciscan way. As a facilitator during this phase, it is important to keep the focus on building strong relationships, which are critical when dealing with the struggles and conflicts that inevitably arise. In addition to strong relationships, a firm grounding in Franciscan values and a commitment to dialogue will be important in these moments. Peacebuilding is essential here, as differences are recognized, any biases or prejudices are overcome, and forgiveness is sought and granted.

Timeline: The timeline varies from Circle to Circle. For some, it may take a few months (three to six) to establish relationships of trust and confidence, while other groups may already know each other and will move through this phase more quickly.

What to do during this Phase:

a) **Relationship Building** - We recommend that a newly forming Circle dedicate the first three to four gatherings to starting the relationship-forming process as well as growing together in Franciscan spirituality. Please see the Appendix to find sample questions to help the members get to know one another, along with other valuable resources.



b) Franciscan Foundation - People may be coming to the Circle with only a rough idea of



who St. Francis and St. Clare of Assisi were, while others may come with decades of experience in Franciscan living. The goal is to ensure a common, basic understanding of Franciscan values and spirituality. Those who have already gone through Franciscan formation can share stories, testimonies, and

⁴ wisdom to help those who are at an earlier point in their Franciscan journey. Of course, even those with great experience in this tradition may grow and find new challenges as they share their knowledge with others. During this time, please try to spend time on: who St. Francis of Assisi and St. Clare of Assisi were; the principal stories of St. Francis' life; the importance of the *Incarnation* and *Poverty* in Franciscan spirituality; and the Franciscan Values Guiding FAN.

c) **Just Engagement: The Power to Change** - After these initial gatherings, the group can consider beginning a program that FAN encourages each Circle to do, an 8-session module: *Just Engagement: The Power to Change*. It is a formation program by JustFaith Ministries that aims to "introduce participants to different advocacy models that are rooted in

 $^{^{\}rm 4}$ St. Francis and St. Clare of Assisi in prayer, n.d. painting, viewed May 28, 2020,

https://www.atonementfriars.org/event/st-francis-and-st-claire-retreat/.

Christian beliefs and a biblical tradition of justice, and have inspired ordinary and extraordinary change-makers throughout history....All sessions include prayer, dialogue, active listening and relationship-building." This module provides a foundation in organizing and advocacy from a Christian perspective. While not mandatory, it is a valuable tool to help prepare the Circle for their future actions.

Note: If your Circle decides to use *Just Engagement*, there will be Group Guidelines included in the first session. Feel free to blend your own Circle's guidelines with these.

Recommended Materials to Read or Watch and Discuss:

- Reflection from Pope Francis on Fraternity (PDF, 1 page)
- The Little Flowers of St. Francis, Chapter 15 (PDF, 2 pages)
- Franciscan Values Guiding FAN (PDF, 2 pages)
- Audio recording of Sr. Ilia Delio's talk on St. Clare (MP3, 54 minutes)
- Introduction to consensus decision making, A short guide to collaborative decision-making for activist groups, co-ops and communities by Seeds for Change, 2020 (PDF, 16 pages)



Relationship-Building Questions/Prompts for Phase I:

These are some suggested questions for community-building:

- Tell us a little about yourself and where you are coming from?
- What has been keeping you busy lately?
- Are you already connected to the Franciscan family? If so, how?
- Tell us about how you were introduced to the spirituality of St. Francis and St. Clare?
- What sparked your interest in the Franciscan Justice Circles?
- What do you most hope to gain from participation in this Circle?

⁵ Renunciation of Worldly Goods, Nr. 5 of 28 frescoes in the *Upper Church* of the Basilica di San Francesco in Assisi, by Giotto, Wikipedia, Public Domain, viewed May 29, 2020,

https://commons.wikimedia.org/wiki/Saint-Francis cycle in the Upper Church of San Francesco at Ass isi#/media/File:Giotto - Legend of St Francis - -05- - Renunciation of Wordly Goods.ipg>.

- Think of a time in your life when you had a particularly positive experience in the outdoors, experiencing God's Creation. What was it like? Why is it memorable?
- What is your favorite story of St. Clare and/or St. Francis?
- What is something you are looking forward to right now?
- What is something people should know about you but have yet to learn?
- What has been keeping you busy lately?
- What social justice issues are you concerned about?
- Are you already involved with any of these issues in your community and/or parish?
- Despite the challenges of attempting to live the Gospel, what is it that keeps you going?
- Tell us something about you that is not related to the topics we've been talking about?



St. Francis and the Sultan

When do we move to the next phase? Here are some questions to commonly discern, meaning to consider prayerfully as a group and then come to a determination based on group consensus. When the questions have been adequately addressed, the Circle members can move on to the next phase:

- 1. Is there a stronger sense of community and trust among the Circle members than when we began? Are we comfortable enough with each other that we can disagree on something and still be committed to each other and the group as a whole?
- 2. Do we all have a basic and growing understanding of Franciscan values and spirituality, along with a familiarity with the life of St. Francis of Assisi and St. Clare? Do we understand the importance of the **Incarnation** and **Poverty** in Franciscan spirituality?
- 3. If agreed upon, have we completed the Just Engagement module?

⁶ Viewed May 29, 2020, https://findingjesusamongmuslims.com/2019/10/21/st-francis-and-the-sultan-living-their-legacy-today/



Phase 2: Living in Solidarity

Inspired by Franciscans living the Gospel, the heart of this phase is the ability to listen to the marginalized, as Francis and Clare did to the lepers of their day, thereby discovering a God who lives in every heart.

Timeline: The timeline may vary depending on the backgrounds of those in the group (2-6 months). The hope is that every member further integrates Franciscan values into their life and ample time is given for communal discernment of where God is calling them.

What to do during this Phase:

a) **Franciscan Values** - Once relationships are well-established, an FJC can turn to the core of what it means to embody Franciscanism: the values of **solidarity** and **minority**. These are listed in the Glossary of Terms with a basic definition that can be the basis for deeper exploration and reflection. Regardless of one's starting point, we can all do more to integrate these into our very being, as we are reminded in the People's Pastoral, "The Telling Takes Us Home":

Still, each of us, individually and in the communities where we find ourselves, must pause and honestly evaluate how we are doing in responding to the call to be a "church of the poor." Can we really hear the cry of the poor, and take our place among the excluded, if befriending the poor and marginalized is uncomfortable, if we don't always like what we hear when we listen to their struggles and ideas, or if we have not begun to understand our own poverty and dependence upon the gifts of God and one another? ⁷

It's helpful to invite the Circle members to share their own contribution of prayer/readings/songs that can assist the group in its Franciscan formation. You can also find some recommended materials listed below. These help to prepare the Circle for leaving the familiarity of the gathering space in an intentionally Franciscan way. Acting in a

Franciscan way refers to how Francis "stepped into the suffering" of the impoverished people in his community, those who were struggling for liberation. He chose to "accompany the 'least' of our brothers and sisters in the painful places they inhabit." Therefore, the Franciscan response can be understood in this concept of "accompaniment", which is about *being with* people, letting go, being open to encountering God where we never have before, permitting our centers of gravity to shift and allowing ourselves to be embraced and accompanied too. ¹⁰



https://commons.wikimedia.org/wiki/Saint-Francis cycle in the Upper Church of San Francesco at Assisi#/media/File:Giotto - Legend of St Francis - -04- - Miracle of the Crucifix.jpg>.



⁷ This quote could be used during a gathering of your Circle as a prompt for reflection. Source: Catholic Committee of Appalachia, "The Telling Takes Us Home: Taking our place in the stories that shape us, A People's Pastoral from the Catholic Committee of Appalachia", Morgantown, WV: Morgantown Printing and Binding, 2015, p. 7.

⁸ Dennis, Marie et al, St. Francis and the Foolishness of God, Maryknoll: Orbis Books, 1993, p. 18.

⁹ Ibid, p. 18.

¹⁰ Ibid, pp. 21-23.

¹¹ Miracle of the Crucifix, Nr. 4 of 28 frescoes in the *Upper Church* of the Basilica di San Francesco in Assisi, by Giotto, Wikipedia, Public Domain, viewed May 29, 2020,

b) Dolcezza Encounters - After having read and reflected on the materials mentioned, the



Circle is encouraged to plan at least two "Dolcezza" (pronounced Dol-Chay-Tza) Encounters—immersion experiences where the members of the Circle visit those who are somehow "on the margin", seeking out situations that are not traditionally "comfortable". The key component of these experiences is having personal interaction with the people you visit.

The goal is to experience that which is "bitter" to us and to become vulnerable and grow from an encounter with someone(s) with whom we have little or no experience. These must be planned with great respect and open communication. Circle members will be neither "do-ers" nor volunteers, but simply visitors, focused on encounter—listening and getting to know new people. In planning with the site or agency you will visit, it is recommended that you include time for the group to talk with someone who has worked a great deal with the folks you visit. Having time to listen to their insights and ask them questions complements your personal interactions with the people you are getting to know.

Here are some examples of possible encounters:

- Sharing a meal at a soup kitchen
- Accompanying an employee of an inner-city ministry in their visits
- Visiting L'Arche community; a jail/prison; or a home/rehabilitation center for people who have been incarcerated
- Attending a migrant parish and "debriefing" afterwards
- Contacting an English as a Second Language for Adults class and inviting some of the students to a meal where you can listen to their stories
- Visiting with people on a Native American reservation
- Attending a church service at a church that is made up of people whose race is different from the majority of the group and meeting before or after with parishioners and a member of the clergy to talk about racism and their experiences
- Visiting a home for women who had been involved/forced into prostitution; a day laborer center; a program for people in recovery from addictions; a small family farm; or a home for people living with HIV/AIDS

After each encounter, it is helpful for each individual to reflect upon the experience and then to process it collectively as a Circle. At this point, the focus is not on resolving anything or taking action, despite possible temptations to do so. Please see the reflection questions below to help connect Franciscan spirituality texts and social issues to your experience. It's recommended that you give everyone time to write down answers to personal questions and then share and reflect together.

¹² St. Francis kisses the leper, n.d. image, viewed May 28, 2020,

http://www.cmg.org.uk/CM0/2013/Feb/St Francis and Leper.html>.

Post-Dolcezza Encounter Reflection Questions

Questions to be answered individually in silence. These questions are not in the Member's Handbook, so you will need to share them at the end of each immersion experience.

- 1. What happened? What did I experience?
- 2. What moments or conversations stand out to me the most?
- 3. What did I feel? What emotions did I experience?
- 4. What questions do I find myself asking?
- 5. What new relationships did I make? What sticks out to me the most about these relationships?
- 6. What has been the most meaningful part of this experience for me?

(**Note: Do not distribute the following questions to the members ahead of time.)

Questions to reflect on as a group. These are meant to be discussed during group reflection.

- 1. What did we experience?
- 2. How did we feel (before going, while there, and afterwards)?
- 3. What are some of the new relationships we formed?
- 4. What are the larger social issues at play (Poverty, Race, Education, Health, Violence)?
- 5. What complexities or even contradictions did we encounter?
- 6. What are some of the pressing needs present in the community?
- 7. What would we like to learn more about related to this experience?
- 8. How does this experience impact our faith?
- 9. How did we grow from this experience?
- 10. How has our view on the world been altered or expanded?
- 11. How will we carry what we have learned from this experience?



c) **Discernment** - Having become more familiar with Franciscan spirituality and having grown through multiple Dolcezza Encounters, members of the Circle will quiet themselves to listen. After privately praying about their experience at each Encounter, the Circle can come together as "brothers and sisters minor" to hear the voice of God and discern together with which group "in the margins" of their local area they can become one at



heart. This may be a group already being served by Circle members, but new possibilities should also be considered.

At this point, consider: What issue or group of people do you feel called by the Holy Spirit to connect with? How might you meet/encounter those in the margins, if you haven't already? How do we reach out to others in a sense of equality marked by solidarity?

Recommended Materials to Read or Watch and Discuss:

- Compassion and Kinship, TED Talk by Greg Boyle, SJ (Link, 20 minutes)
- The Telling Takes Us Home: A Reflection on the People's Pastoral Letter video (Link, 11 minutes)
 - "The Telling Takes Us Home: Taking our place in the stories that shape us, A
 People's Pastoral from the Catholic Committee of Appalachia." 2015.
 (Particularly, "Integral Ecology and the Culture of Encounter" and
 "Practicing Resurrection in Crucified Places".) (PDF, 84 pages)
- "How Should We Think About the Poor?", Article by Bishop Kenneth E. Untener (PDF, 4 pages)
- Catholic Social Teaching Handout (USCCB) (PDF, 2 pages)
- Blog article "When Fighting Poverty, Listen to the Impoverished" by James Abro, Nov. 7, 2019. (Link, 4 minute read)

When do we move to the next phase? Here are some questions for discerning if it's time to move on to the next phase:

- 1. Have we had ample opportunities to listen? In the Dolcezza encounters? To each other? To God?
- 2. Have we been uncomfortable? Has that affected us?
- 3. Have we grown in our understanding of the virtues of Minority and Solidarity?
- 4. Do we all have an increased understanding of Franciscan spirituality and how St. Clare and St. Francis lived out their call to be a Living Gospel?
- 5. Have we made time to pray and discern where God is calling us to act?



¹³ Francis Greets a Leper, linocut, June 23, 2015. Image viewed May 28, 2020, https://aeqai.com/main/2015/06/art-for-a-better-world-24/1-francis-greets-a-leper-linocut/



Phase 3: Continuing the Incarnation

Rooted in Scripture, we respond to God's call by envisioning next steps to address injustice, following Jesus' example of servant love.

This phase is about putting love into action. We now look to **preparing** and **planning** for concrete action, when members embrace each person "in the margins" as Emmanuel, God who is with us!

We, as members of a Franciscan Justice Circle, are called to continue the Incarnation! "The Incarnation is not finished; it is not yet fully complete for it is to be complete in us... continuation of the Incarnation 'liberates us from living in a merely historical and temporal universe and makes us conscious of our divine dignity.' We are called to continue the Incarnation toward the new Incarnation, the fullness of Christ, which is all humanity and creation bound in a union of love."

Timeline: The time needed will vary from Circle to Circle (between 2-6 months).

What to do during this Phase:

a) **Two Feet of Love in Action** - Inspired by Pope Benedict XVI's encyclicals *Deus Caritas Est* (God is Love) and *Caritas in Veritate* (Charity in Truth), the USCCB (United States Conference of Catholic Bishops) created formational materials to help us explore what our personal and communal call to put God's love into action actually entails. "There are two different, but complementary, ways that we can walk the path of



love." One is **Social Justice** (addressing root causes, improving structures) and the other is **Charitable Works** (meeting people's basic needs, ¹⁵ aiding individual persons). It is useful to spend part of a gathering reflecting on the nature of charitable works and social justice, while considering our own involvement with them in the past as well as in the future.

As an example, you could focus on one of the following areas:

- Peacemaking (Gun Violence, Interreligious Dialogue, etc.)
- Human Dignity (Migration/Asylum, Trafficking, Fair Wages, Healthcare, etc.)
- Care for Creation (Access to Clean Water, Food Security, Climate Justice, etc.)

For instance, if focusing on food insecurity, one could respond through *charitable works* by: volunteering at a food bank/soup kitchen or participating with a gleaning network that

T

¹⁴ Delio O.S.F., Ilia, *Clare of Assisi, A Heart Full of Love*, Cincinnati: St. Anthony Messenger Press, 2007, p. 110. Including quote "liberates us from living in a merely historical and temporal universe and makes us conscious of our divine dignity" from *Christophony: The Fullness of Man*, by Raimon Panikkar, p.128.

¹⁵ The Two Feet of Love in Action, by United States Conference of Catholic Bishops, image, viewed June 2, 2020, http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/two-feet-of-love-in-action.cfm.

organizes volunteers to glean. Gleaning is the traditional biblical practice of gathering crops that would otherwise be left in the fields to rot or be plowed under after harvest and then getting that food to those who are food-insecure. One possible way of responding through *social justice*, meanwhile, might be: raising awareness about food deserts and advocating for legislation and economic reform that would help reduce food insecurity.



- b) **Pastoral Circle** (also known as Circle of Praxis)- Before planning any action, the Pastoral Circle can be a helpful tool to use when planning how we will respond to an issue (see the recommended resources and questions below). The Pastoral Circle provides a way of analyzing reality and actions with authentic theological reflection and aims to transform that reality. This process should also include consistent prayer, while keeping in mind various tools and teachings, mentioned below, to ensure that the Circle members avoid imposing on other people or engaging in unintended patronizing behavior.
- c) **Considerate and Intentional Planning** Throughout your reflections and planning, it would be wise to periodically check yourselves with this message shared by Lila Watson, an aboriginal Australian Activist and Educator:

If you have come to help me You are wasting your time But if you have come because your liberation is bound up with mine Then let us work together.

Trying to help someone without first getting to know them and without a spirit of **minority** (by asking what can be done and how can one contribute), does not align with the approach of Francis and Clare. We must not assume that we know best about the needs of others, rather when we encounter them, **be open to listening, adapting and following the lead of the group directly experiencing their struggle**. This spirit of minority is interwoven in the "culture of encounter" that Pope Francis repeatedly calls us to create: "We must strive and ask for the grace to create a culture of encounter, of a fruitful encounter, of an encounter that restores to each person his or her own dignity as a child of God, the dignity of a living person."¹⁶

While charitable works and social justice are both important, we hope that each Circle will place an emphasis on planning actions that address *why* certain forms of injustice exist and *how* they can be approached in a way that addresses any structural problems.



¹⁶ Pope Francis, Homily at Casa Santa Marta, September 13, 2016

St. Francis knew that it was necessary to tend to those who were suffering, and as exemplified in his Letter to the Rulers of the People, he also recognized the importance of seeking encounters with people in power in order to address the causes of social injustice. We likewise hope to open the doors of conversation so that policymakers may hear the voices of those who are oppressed and marginalized and make the necessary changes in light of the inherent dignity of all people and all of Creation.

This is why Franciscan Action Network (FAN) exists—to be "…a collective Franciscan voice seeking to transform United States public policy related to peace making, care for creation, poverty, and human rights". Yet, as Pope Francis says in his encyclical Laudato Si', it is on the ground, where "… local individuals and groups can make a real difference." ¹⁷

d) **Action Plan** - Once the Circle members have determined which issue or situation they feel called to address and have prayerfully analyzed it using the available tools, such as the Pastoral Circle, as a guide, it is time to work out the details of an action plan. When trying to change systems or address policies, it can be helpful to learn how to change a law or how to contact a member of Congress, for example. FAN is here to assist you in this process and connect you with any specific information you may need. We urge you to read through the materials in the Appendix. After the Circle members have thoughtfully come up with a plan of action and considered the questions below, the fourth phase may begin: Loving in Action.

Recommended Materials to Read or Watch and Discuss:

- Two Feet of Love in Action (USCCB) (PDF, 1 page)
- Introduction to the Pastoral Circle video (Link, 8 minutes)
- Pastoral Circle (PDF, 5 pages)
- St. Francis' Letter to the Rulers of the Peoples (<u>link</u>) and Leonardo Boff's modern day version of this letter (<u>PDF</u>, 2 pages)
- Article: On Civility in Political Communication by Fr. Albert Merz, OFM (PDF, 3 pages)
- Jemez Principles for Democratic Organizing (PDF, 1 page)
- What is Advocacy? (PDF, 3 pages)
- Advocacy Planning Cycle (PDF, 9 pages)

Phase 3 Reflection

(this is not in the Member's Handbook)

Prompt to use during a gathering for reflection on how we, as members of a Franciscan Justice Circle, are called to continue the Incarnation:

"'As the Father has loved me, so I have loved you; abide in my love' (John 15:9). We are asked to continue the Incarnation, to allow the Word of God to take root within us, to allow it to become enfleshed in us. The Incarnation is not finished; it is not yet fully complete for it is to be complete in us. As Panikkar states, continuation of the

¹⁷ Pope Francis, *Laudato Si*, Nr.179. 2015.

Incarnation 'liberates us from living in a merely historical and temporal universe and makes us conscious of our divine dignity.' We are called to continue the Incarnation toward the new Incarnation, the fullness of Christ, which is all humanity and creation bound in a union of love." 19

To complement the questions involved in the Pastoral Circle process:

- How can we come to form (or strengthen) a relationship with people in this identified group on the margins, getting to know them before planning any actions?
- What are the people in this group undergoing and how are they responding?
- What are the individuals (not just the outspoken ones or the leaders) saying and expressing? How do they feel?
- How are the voices of the underserved being lifted up?
- What will we do to be in solidarity with this group?



When do we move to the next phase? Here are some questions to help in discerning when it's time to move on to the next phase:

- 1. How have we explored the two feet of putting Love into Action social justice and charitable works?
- 2. How do we understand St. Francis' examples of social justice?
- 3. How developed is our initial action plan?
- 4. How have we grown in our approach to Franciscan spirituality since the beginning of this phase?



¹⁸ Raimon Panikkar, *Christophony: The Fullness of Man,* (Maryknoll, NY: Orbis, 2004), p.128, quoted in Ilia Delio O.S.F., *Clare of Assisi, A Heart Full of Love*, Cincinnati: St. Anthony Messenger Press, 2007, p. 110.

¹⁹ Delio O.S.F., Ilia, Clare of Assisi, A Heart Full of Love, Cincinnati: St. Anthony Messenger Press, 2007, p. 110.

²⁰ *The Lord's Supper*, by Fritz Eichenberg (Germany & U.S., 1953), viewed June 2, 2020, https://www.plough.com/en/topics/culture/art/the-witness-of-jesus.



Phase 4: Loving in Action

We move as sisters and brothers into the public sphere to speak the truth to power, seek justice for the oppressed, and put right the relations that are broken among people and between people and creation. Like Francis & Clare we become *Fools for Christ* and do the unbelievable!

Here, the Circle members put their plan into action, while adjusting to any changing circumstances or unexpected outcomes. In this phase, FJC members direct their energy toward *Imitation*, the final theme that characterizes St. Clare's path to God. Imitation can be understood as acting as Christ in our present context, not mimicking Christ's past actions. Sr. Ilia Delio, OSF explains that imitation is "not a literal mimicking of Christ, but becoming an image of the beloved through transformation. For Clare, imitation through contemplation takes place when we come to the truth of who we are in the mirror of the cross." St. Clare's "spirituality helps us understand that God will not transform the world for us but then again God will not transform the world without us." Each one of us is needed in order for this transformation to happen, but we struggle to really believe in our own divine vocation. Francis and Clare wanted us to see that the Kingdom of God cannot be fully complete without our participation.



Timeline: This phase will be ongoing; however, it will be necessary to continually evaluate the current issues and plan new actions. Planning resources from Phase III may be especially useful to revisit in these moments.

What to do during this Phase:

- a) Since reading the signs of the times and responding in faith-based action is a recurring cycle, regularly evaluating both the progress and process is important to do, not only for being accountable but also for learning from experiences for the future. Please refer to the Pastoral Circle and Advocacy Planning Cycle (Step 9 "Monitoring and regular Evaluation") documents from the recommended materials for Phase III. We suggest you continually measure your plans of action against these questions:
 - In the case that we ourselves are not directly part of the affected group, are we proclaiming ourselves to <u>be</u> the voice of the people on the margins or are we empowering our sisters and brothers to speak for themselves while walking with them to offer support?
 - When we are directly part of the affected group, are we intentionally seeking out the involvement and perspectives of those members of the group who are quieter or have difficulty attending the spaces destined for sharing, consultation and planning?

_



²¹ Delio O.S.F., Ilia, Clare of Assisi, A Heart Full of Love, Cincinnati: St. Anthony Messenger Press, 2007, p. 70.

²² Ibid., p. 118.

- b) Continual growth in Franciscan spirituality is vital for Love in Action. The experience of forming an FJC and growing together in community can help us to "claim our dependency on God and our neighbor in whom God lives, to live as poor persons in relation to the poor Christ whose poverty is the wealth of love."²³
- c) During the process, it's wise to remember that <u>faith transcends partisanship</u>. Our Franciscan identity's focus on minority and solidarity prevent us from seeking to gain more personal power, privilege and prestige in society.
- d) We are stronger when we are united, and we are more likely to achieve our vision when we work together with others. Each Franciscan Justice Circle will be part of a network of Circles across the country. Each Circle is encouraged to seek out local partners in advocacy efforts, as well. FAN can provide some support to the Circle to help coordinate connections.

Recommended Materials to Read or Watch and Discuss:

- A Call to Conscience: Catholic Teaching and Civil Disobedience (PDF, 2 pages)
- The Enduring Power of Dr. Martin Luther King Jr.'s Principles of Nonviolence, A Pastoral Reflection (PDF, 36 pages)
- "To Hell with Good Intentions", article by Ivan Illich (PDF, 7 pages)

How to maintain growth and motivation in this phase?

- 1. Have we reached out to local groups to strengthen our advocacy efforts?
- 2. Do we continue to pray and seek time for silence and community-building?
- 3. Have we re-visited the Pastoral Circle and Action Plan to evaluate the new contexts?
- 4. What have we learned so far? How can this help us to plan better in the future?
- 5. What areas of Franciscan spirituality can we explore with more intentional focus?
- 6. How are we caring for ourselves? Could we do better?



Through the FJCs, we hope to contribute to being true conduits of God's love, peace, and justice in our community. May the Spirit bless and guide you on the journey.

T

²³ Delio O.S.F., Ilia, *Clare of Assisi, A Heart Full of Love*, Cincinnati: St. Anthony Messenger Press, 2007, pp. 116-117.

²⁴ St. Clare of Assisi renounces the world, n.d. image, viewed May 28, 2020, https://www.getfed.com/st-clare-of-assisi-noblewoman-to-ladv-of-poverty-5865/.

Appendix

Framework for a Franciscan Justice Circle Gathering



It is helpful to set up a prayerful space for the Circle's gathering. You might include certain objects or symbols that will be present at every gathering to help remind Circle members of their roots and their dreams, such as a candle, a cloth for the center table, a plant, a Tau, or a San Damiano cross. Be creative and seek out ideas from other Circle members.

FAN recommends that the gatherings be from one to two hours, but this must be determined by the Circle. It may depend on how large the group is. Do what works best.

Note: During the *Just Engagement* module, each session lasts 2 hours. This is intentional and cutting it short would be detrimental to the overall process. We ask that the Circle members make the extra effort for these eight gatherings to make that time a priority since it is a unique part of the Circle process and will bear much fruit, both personally and for the group as a whole.

The Circle should be a place where people can share freely. Of course, no one is obligated to share. One way of putting this into practice is using the "mutual invitation" method for dialogue²⁵ in which everyone is individually given the chance to share by invitation with the opportunity to pass. This is how it works: When a question is posed, someone (perhaps the facilitator) invites one person to speak. This person can either speak, choose to "pass for now", or simply "pass". Once the person has shared, they invite someone else and it continues this way until all have been invited to share. No one is allowed to jump in to speak without being invited by name first.

While these are not step-by-step directions, we provide you with a sample framework. For the sake of unity and continuity, we ask that you include some common elements in each gathering, such as time for prayer and sharing.



a) Opening Prayer

While the <u>Prayer Suggestions document</u> has ideas, feel free to use your own. As people seeking to follow St. Francis' and St. Clare's way of responding to God in their lives, both prayer and community are vital to the process of becoming what God created us to be.²⁶

^{26 &}quot;For Clare, prayer without community cannot lead to the fullness of our self-identity, since it is in community that the mirror of our identity is reflected in the other, the neighbor whom we are called to love. Love transforms because love unites, and it is in loving our neighbor through compassion that we become more ourselves, and in becoming more ourselves, we become Christ." Delio, O.S.F., Ilia, *Clare of Assisi, A Heart Full of Love, Cincinnati: St. Anthony Messenger Press, 2007*, p. 51.



²⁵ Mutual Invitation method comes from Eric H.F. Law's book *The Wolf Shall Dwell with the Lamb, A Spirituality for Leadership in a Multicultural Community,* St. Louis: Chalice Press, 1993.

b) Song

At the end of the Appendix, there is a list of songs to give you some ideas. However, part of the richness of being an FJC is the unique Good brought to the Circle by each member, and we encourage you to share your own song suggestions with each other. Those with musical gifts can share them with the group. Live instruments or vocal leaders are not always necessary; groups may play recordings instead.

c) Seeing God

Each person takes a turn to share just one way that they saw God in the past week. You may wish to assign an object that the speaker may hold, and then pass on to the next speaker to prevent interruptions. The "central theme of Francis' 'way of life' is Incarnation."²⁷ This practice of sharing how we recognize the presence of God all around us is connected to the Franciscan focus on seeing God incarnate, whether in mundane, awful, or splendid moments.

d) Reflection/Discussion/Planning



This part of the gathering will vary each time.

Before the Closing Prayer, it can be helpful to review logistics for the next gathering and the various responsibilities (i.e. Where? Who leads prayers? Who provides refreshments?)

e) Closing Prayer

Please see the Prayer Suggestions document for ideas and feel free to bring in your own prayers and creativity. In addition, we ask that all Circles end their prayer time with this final Closing FJC prayer:

Closing Prayer for FJC

Most High, glorious God

we praise You and we thank You

for the many good people and blessings
You have bestowed upon our Justice Circle.

We ask today that Your spirit of truth and goodness
enlighten us as we embrace
the opportunities and challenges of this day
and give us true faith,
certain hope and perfect charity,
sense and knowledge, Gracious God,
as we seek to live out your gospel.

f) **Refreshments** (or in the middle of the gathering to provide a break, if desired) Sharing food and drink can help to facilitate conversation and build relationships. However, we also want to be sensitive to people's budgets and time, so we encourage each Circle to decide as a group whether or not they would like to include time to share a snack or something to drink. We would encourage whatever is shared to be simple unless there's a special occasion and it is agreed upon by all.

²⁷ Delio, O.S.F., Ilia, *Clare of Assisi, A Heart Full of Love*, Cincinnati: St. Anthony Messenger Press, 2007, p. 73.



Franciscan Justice Circle Group Guidelines

Having an agreed upon set of guidelines allows for all current and future members of an FJC to understand the expectations for themselves and each other. In order to foster ownership of your Circle's guidelines, it's recommended that you set time aside at the beginning of the process to allow all members to give their input and reach an agreement on what the group's guidelines will be. After the initial guidelines for your Circle are set, they should be changed only with unanimous consent and they should be reviewed by everyone whenever a new member joins the Circle. Please kindly send a copy to the FAN Director of Franciscan Justice Circles to have on record. Here are some possibilities and ideas:

- Treat each other with respect in all forms of communication and in all actions. Listen respectfully, even when the other's point of view is different from your own or uncomfortable. Interruptions and side conversations are not permitted.
- Always be honest and open with the other Circle members.
- When not understanding another member's perspective or disagreeing with it, try to look for clarification or greater understanding in a loving way.
- Confidentiality: What is shared in the group remains there, unless the members agree that it can be shared outside.
- Acknowledge and respectfully accept the differences that we have as individual persons.
- Each person is expected to participate and shares a responsibility for the group's experience.
- During a moment of reflection or in the time between Circle members sharing, allow for silence.
- Give each person the opportunity to speak. In a time of sharing or dialogue, before speaking a second time, members will wait until those who have not spoken and would like to speak are given the chance.

Questions to ask:

- How will the group make decisions? Keep in mind that the goal is to build consensus whenever possible, or in other words, that all Circle members agree to commit to finding solutions that everyone supports or at least can live with.
- How will the group handle conflict, should it arise?
- Who will (co)facilitate the gatherings? Will you rotate?
- How long will the (Co)Facilitator, Spiritual Servant and Scribe serve in their roles? How will new people be chosen to fill those roles?
- What are the attendance expectations? What does one do if they cannot attend?
- What is the cell phone policy?
- How is it decided who speaks next?
- How will logistical questions re: meeting time & possible refreshments be decided?



Additional Resources for All Phases

These supporting materials can be found on the FJC Resources page of the FAN website.

• Franciscan Spirituality

- o There is a wealth of material from the Commission on the Franciscan Intellectual Tradition, www.franciscantradition.org where you can become a member for free and access writings and videos.
- Franciscan Nonviolence: Stories, Reflections, Principles, Practices and Resources, by Ken Butigan, Mary Litell, OSF and Louis Vitale, OFM. Pace e Bene Nonviolence Service.
- St. Francis and the Foolishness of God, by Marie Dennis, Cynthia Moe-Lobeda, Joseph Nangle, OFM, and Stuart Taylor, 1993/2015
- Eager to Love: The Alternative Way of Francis of Assisi by Fr. Richard Rohr, OFM, 2016
- Surrounded by Love: Seven Teachings from St. Francis, by Fr. Murray Bodo, OFM, 2018

• Care for Creation

- Care of Creation: A Franciscan Spirituality of the Earth by Ilia Delio, OSF, Keith Douglass Warner, OFM and Pamela Wood, 2008
- o "Laudato Si", Papal Encyclical by Pope Francis, 2015 (PDF)
- "Creation as the Body of God" <u>article</u> by Fr. Richard Rohr, OFM (<u>Link</u>, 4 minute read)
- o "Religious by nature: An interview with Keith Warner, OFM on the environment" (Link, 10 minute read)

Poverty and Human Rights

- <u>Faireconomy.org</u> has resources and activities around economic justice for group workshops; including resources on the following topics: Taxes, Race, Income, Wealth, Debt, CEO Pay, Migration, Housing, Policy, History.
- A Toolbox: Human Rights, Sustainable Development & Climate Policies: Connecting the Dots (Franciscans International) (PDF, 30 pages)
- Handbook: Making Human Rights Work for People in Extreme Poverty, A
 Handbook for Implementing the Guiding Principles on Extreme Poverty and
 Human Rights (Franciscans International and ATD Fourth World) (Link, 60
 pages)

Catholic Social Teaching

- o Himes, O.F.M, Kenneth. *101 Questions and Answers on Catholic Social Teaching*. New York: Paulist Press. 2013.
- "Faith, Charity, and Justice", article by <u>Ernesto Cortés, Jr.</u> April 22, 2007 (<u>Link</u>, 6 minute read)



Glossary of Terms

Consensus Decision Making

A creative and dynamic way of reaching agreement in a group. Instead of simply voting and the majority gets their way, a consensus group is committed to finding solutions that everyone actively supports – or at least can live with. When everyone agrees with a decision, they are much more likely to implement it. In the long run, people are also more likely to stay involved in a group that is committed to hearing their views and meeting their needs. Consensus enables a group to share power and build a stronger community.²⁸

Dolcezza Encounter



This is an immersion experience where members will visit with those who are somehow "on the margin," in situations traditionally not seen as "comfortable." The term *dolcezza* (pronounced DolChay-Tza) is the Italian word for "sweetness." This is a reference to the original Italian line of St. Francis' *Testament*, when he spoke of his encounter with the leper, writing that "what had seemed bitter was turned into sweetness of soul and body." The key component of

these experiences is engaging in personal *encounter* with those you are visiting.

Formation

"Francis visualized a specific future for his followers. He had called them to conversion...".³⁰ For Franciscans, formation is more than "learning"; it is a continual spiritual conversion experience. As an *ongoing* process, formation should lead the individual to evaluate themselves before God and consequently shift, turn or change their actions.

Franciscan Intellectual Tradition

The collection, preservation, and articulation of the distinct theological and spiritual vision that animates the Franciscan movement require knowledge of the Franciscan Intellectual Tradition. This tradition "...was developed in a more systematic manner by such academic theologians as Alexander of Hales, Bonaventure, Roger Bacon, Peter of John Olivi, John Duns Scotus, and William of Ockham, as well as by vernacular theologians such as Angela of Foligno and Veronica Giuliani."³¹

You can visit https://www.franciscantradition.org/ to access the foundational documents of the Franciscan Tradition and other resources.

Incarnation

The mystery of the Word of God made manifest. "God, who is Infinite Love, incarnates that love *as the universe* itself. Then, a mere 2,000 years ago, as Christians believe, God incarnated in personal form as Jesus of Nazareth. Divine incarnation took the form of an



²⁸ For more information see: "Introduction to consensus decision making, A short guide to collaborative decision-making for activist groups, co-ops and communities", Seeds for Change, https://www.seedsforchange.org.uk/shortconsensus Accessed Aug. 15, 2020.

²⁹ Francis kisses the leper, n.d. image by Printed Psalms Publishing TM, viewed May 28, 2020, http://franciscanhermits.weebly.com/news/dont-be-afraid-to-kiss-some-lepers.

³⁰ Moons OFM, Anselm, "The Challenge of Lay Missioners" in the World Care newsletter of Franciscan Mission Service, 1990, https://franciscanmissionservice.org/2015/04/throwback-thursday-anselm-moons-ofm-and-the-challenge-of-lay-missioners/ Accessed Aug. 10, 2020,

³¹ https://www.franciscantradition.org/about-us Accessed Feb. 4, 2020.

Indwelling Presence in every human soul and in all creatures, but each in a unique way."³² God's overflowing goodness and love was made known in the human person of Jesus, "the one through whom all things were made and in whom all things find their completion."³³

Minority

In Francis' Earlier Rule he wrote that the brothers would be called 'friars minor' or 'lesser brother', and in the next line he wrote, "Let one wash the feet of the other." This emphasis on minority was very intentional, and the concept of aligning oneself with those on the peripheries and without power is not optional for those who wish to follow Francis' way of living the Gospel. As Pope Francis has said, "Since Christ and the Gospel were the fundamental option of his [St. Francis of Assisi] life, in all certainty we can say that minority, while not lacking its ascetic and social motivations, was born from contemplation of the incarnation of the Son of God, and is summarized in the image of making oneself small, like a seed. It is the same logic of "becoming poor, though he was rich" (cf. *2 Cor* 8:9). The logic of "renunciation", which Francis implemented to the letter when he "divested himself of all earthly goods, to the point of nakedness, in order to give himself entirely to God and to his brothers and sisters".[3]...Franciscan minority is presented for you as a place of encounter and of communion with God; as a place of encounter and of communion with your brethren, and with all men and women; and finally, as a place of encounter and communion with creation."

Poverty

"Although material poverty was important to him [St. Francis of Assisi], it was not the goal. Rather, material poverty was an outward sign of a much deeper, interior poverty...material poverty is the first step (but a necessary one) toward true poverty in which we recognize that everything we have, including our lives, is gift." Living in poverty requires dependency on others and acknowledging that daily: "Poverty calls us to be vulnerable, open and receptive to others, to allow others into our lives and to be free enough to enter into the lives of others. While Clare (and Francis) calls us to be poor so that we may enter into relationship with the poor Christ, they also ask us to be poor so as to enter into relationship with our poor brothers and sisters in whom Christ lives." 37

Solidarity

Solidarity is about a shared commitment to the common good, rooted in the belief that we all belong to each other and are part of one human family. "At the core of the virtue of solidarity is the pursuit of justice and peace. Pope Paul VI taught that 'if you want peace, work for justice.'."



³² Fr. Richard Rohr, OFM, https://cac.org/incarnation-weekly-summary-2019-12-28/ Accessed Dec. 28, 2019.

³⁸ "Solidarity", United States Conference of Catholic Bishops. http://www.usccb.org/beliefs-and-teachings/what-we-believe/catholic-social-teaching/solidarity.cfm Accessed February 4, 2020.



³³ Delio O.S.F., Ilia, *Franciscan Prayer*, Cincinnati: St. Anthony Messenger Press, 2004, p. 2.

³⁴ St. Francis of Assisi, The Earlier Rule (*Regula non bullata*), Ch. 6 Line 4.

³⁵ Address of Pope Francis as quoted in article "Franciscans: Pope Reminds Minority a Place to Encounter God", by: Zenit Staff, November 23, 2017, https://zenit.org/articles/franciscans-pope-reminds-minority-a-place-to-encounter-god/Accessed Feb. 4, 2020.

³⁶ Delio O.S.F., Ilia, Clare of Assisi, A Heart Full of Love, Cincinnati: St. Anthony Messenger Press, 2007, p. 19.

³⁷ Ibid., pp. 11-12.

Song Possibilities for FJC Gatherings

The following are suggestions to give you some ideas. Please let us know of songs that your Circle most enjoys, so that we may add them to the list.

- For the Beauty of the Earth Foilliott S. Pierpoint, 1864
- There is a Longing Anne Quigley, 1992
- We Remember Marty Haugen, 1980
- You are Mine David Haas, 1991
- We are Called -- David Haas, 1988
- All Creatures of Our God and King --St. Francis of Assisi, tr. by William H. Draper, 1855-33.
- Here I am Lord Daniel L. Schutte 1981
- Let Justice Roll Like a River Marty Haugen, 1991
- The Summons John Bell, 1987
- Come to the Feast Bob Hurd, 1994
- Table of Plenty Dan L. Schutte, 1992
- Pan de Vida Bob Hurd, 1988, 1995
- Bread for the World Bernadette Farrell, 1990
- City of God Dan L. Schutte, 1981
- All Are Welcome Marty Haugen, 1994
- Canticle of the Sun Marty Haugen, 1980
- Pescador de Hombres/Lord, You Have Come Cesareo Gabarain, 1979, 1987
- Prayer of St. Francis Sebastian Temple, 1967, 2003
- We Are the Light of the World Jean Anthony Greif, 1966
- Cry of the Poor John Foley, S. J., 1978
- This Is My Song verses by Lloyd Stone and Georgia Harkness, 1964
- Blest Are They David Haas, 1985
- Tend the Ground, Curtis Stephan, 2016
- Canticle of the Turning, My Soul Cries out with a Joyful Shout. Tune: Star of the County Down, Irish traditional arrangement by Rory Cooney, b. 1952
- If You Eat Each Day Bryan Sirchio, from *Songs For Justice Walkers*
- Open My Eyes, by Jesse Manibusan, Copyright: 1970, 1988, 1998 spiritandsong.com
- Come to the Table -Michael Card, 1984
- Will you not Listen? Michael Card, 1992
- The Basin and the Towel Michael Card. 1994
- God's Own Fool Michael Card, 1985
- <u>Do Something</u> Matthew West, 2014
- Give me Your Eyes Brandon Heath, 2009
- <u>Instrument</u> Matt Maher, 2016 (an interpretation of the Prayer of St. Francis)
- Franciscan songs by Cathy Tisel Nelson,
- Come to the Table Sidewalk Prophets, 2015

